

Gynaecology today: experience, quality, innovation and increasingly successful treatments for cancer and other conditions

Cancer treatment for women is in the hands of the finest and most experienced physicians here.

At Nuremberg Hospital, Professor Cosima Brucker is recognised for her experience, quality and innovation in the treatment of cancer and other conditions.

Professor Cosima Brucker, Senior Consultant at the Gynaecology Department and Head of the Breast Centre, Nuremberg Hospital



Cosima Brucker has been head of the Department of Gynaecology and the adjoining certified Breast Cancer Centre since 2005. The Senior Consultant is recognised for her medical expertise, quality and international experience. She worked for many years in high-level, hands-on positions in gynaecology and in gynaecological oncology and also has experience in scientific research.

International focus – individual consultation

“The treatment of women, particularly those with cancer, places high demands on the treatment team,” says Professor Cosima Brucker. For her, it’s about giving her patients the best of all possible therapies. The senior consultant places great emphasis here on international quality standards as well as the latest scientific findings. “Quality and innovation have to go hand in hand,” she says. Her expectations both of herself and her team are extremely high. “With me, every detail has to be right,” she says.

Despite all this focus on treatment and quality, in her eyes one thing must never be forgotten – the person. “Every woman experiences her illness in a different way” This focus on the patient as an individual is reflected in the consultations with Brucker, who is also experienced in treating people from other countries and continents. “My department,” she stresses, “has an international focus.”

The Department of Gynaecology at Nuremberg Hospital is one of the major surgical centres for women in Bavaria. All gynaecological conditions can be treated here. The spectrum of services includes both innovative, minimally invasive surgery and open surgery as well as laser procedures, incontinence and pelvic floor surgery, gynaecological oncology and endocrinology, oncological and mammoplastic surgery and drug-based tumour therapy.

Innovative cancer treatment – pointing the way forward

One of the main challenges of gynaecology is the diagnosis and treatment of cancer. The Department of Gynaecology at Nuremberg Hospital has a huge amount of experience in the treatment of all types of cancer and in particular the most frequently occurring carcinomas in women, namely breast cancer, cancer of the uterus, cervical cancer and ovarian cancer. When planning courses of treatment, the gynaecologists consult with a network of colleagues at Nuremberg Hospital. Each case and its treatment are discussed in ‘tumour boards’, interdisciplinary conferences involving specialists working in oncology, radiotherapy, radiology, pathology and, if required, plastic surgery. The value of this interdisciplinary collaboration is confirmed by studies looking into certified breast centres. They show that the quality of treatment in certified centres is significantly higher than in other hospitals. “Women should definitely undergo treatment in certified centres,” advises Brucker. Her entire department is certified, and the breast centre is additionally certified by the German Cancer Society and German Senology Society. The continence centre is approved by the German Continence Society.

“We always try to operate in a minimally invasive way and with a focus on maintaining organ integrity.”

In addition to the treatment of malignant tumours, regularly performed standard procedures include the treatment of ovarian cysts, myomas and endometriosis. The fertility of Brucker’s patients is always uppermost in her mind. “Many of the women who come to our department would still like to have a child. It is therefore particularly important for me as a surgeon to ensure my patients are still able to conceive.” To achieve her goals, Brucker uses minimally invasive procedures wherever possible. The department uses the latest high-end equipment including high-resolution HDTV imaging technology. “High technical standards contribute enormously to the safety and therefore the success of the treatment,” says the Senior Consultant.