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NORTH GERMAN KLÖBEN BREAD



Klöben is a type of raisin bread that has a soft, cake-like consistency. The people of north Germany enjoy it in the afternoon with a hot cup of coffee, but they'll also happily eat it at breakfast! Most spread butter on their klöben, but some prefer to add jam as well.

INGREDIENTS

- 8 fl oz (250 ml) milk
- 1 ¾ oz (50 g) sugar
- ½ tsp salt
- 1 lemon
- 3 ½ oz (100 g) butter
- ¼ oz (20 g) yeast
- 17 ½ oz (500 g) flour (type 405)
- 7 oz (200 g) raisins
- 3 ½ oz (100 g) chopped almonds

METHOD:

1. Add the sugar, salt, finely grated lemon zest, and butter to the milk and heat until lukewarm while stirring. Add the fresh yeast and dissolve, then mix together with the flour and knead into a dough.
2. Mix the raisins and almonds and add them to the dough. It's best if the dough is slightly sticky, then it will be nice and moist after baking.
3. Cover the dough and leave to rest in a warm spot for 30 minutes.
4. Knead the dough thoroughly again, put in a greased loaf tin, cover, and leave for another 30 minutes.
5. Preheat the oven to 400 °F (200 °C) and brush the loaf with 1 tablespoon of milk before baking. Bake the bread on the middle rack for 30 minutes.

HANSEATIC LÜBECK

UNESCO WORLD HERITAGE SITE

1. TIP:

Even if you've never visited the Hanseatic town of Lübeck, you've probably tasted its most famous (and delicious) export – marzipan! Lübeck's medieval centre is a UNESCO World Heritage site with more than 1,800 heritage-listed buildings connected by a labyrinth of ancient lanes. The town experienced its heyday when it was a member of the Hanseatic League, a confederation of merchants and seafarers that dominated the Baltic region from the 12th to the 17th century. You can find out more about this period of history in Lübeck's Hansemuseum.



KIEL

WEEK

2. TIP:

Kiel Week is northern Germany's biggest summer festival. What started in the 19th century as a sailing regatta has become a diverse and fun-packed event combining arts, entertainment, sport, and fantastic food and drink. The undisputed highlight is the tall ship parade, which features more than 100 tall ships and historical steamboats as well as hundreds of sailing yachts.



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WATTENMEER

3. TIP:

The Wadden Sea is a natural landscape like no other. The sea comes and goes with the rhythm of the tides: Suddenly, you'll see an expanse of gently rippled sand where just a few hours earlier there was water everywhere – these are the Wadden Sea mudflats. The mudflats are fringed by beautiful white beaches and dunes and lush green dikes – perfect for enjoying the views.

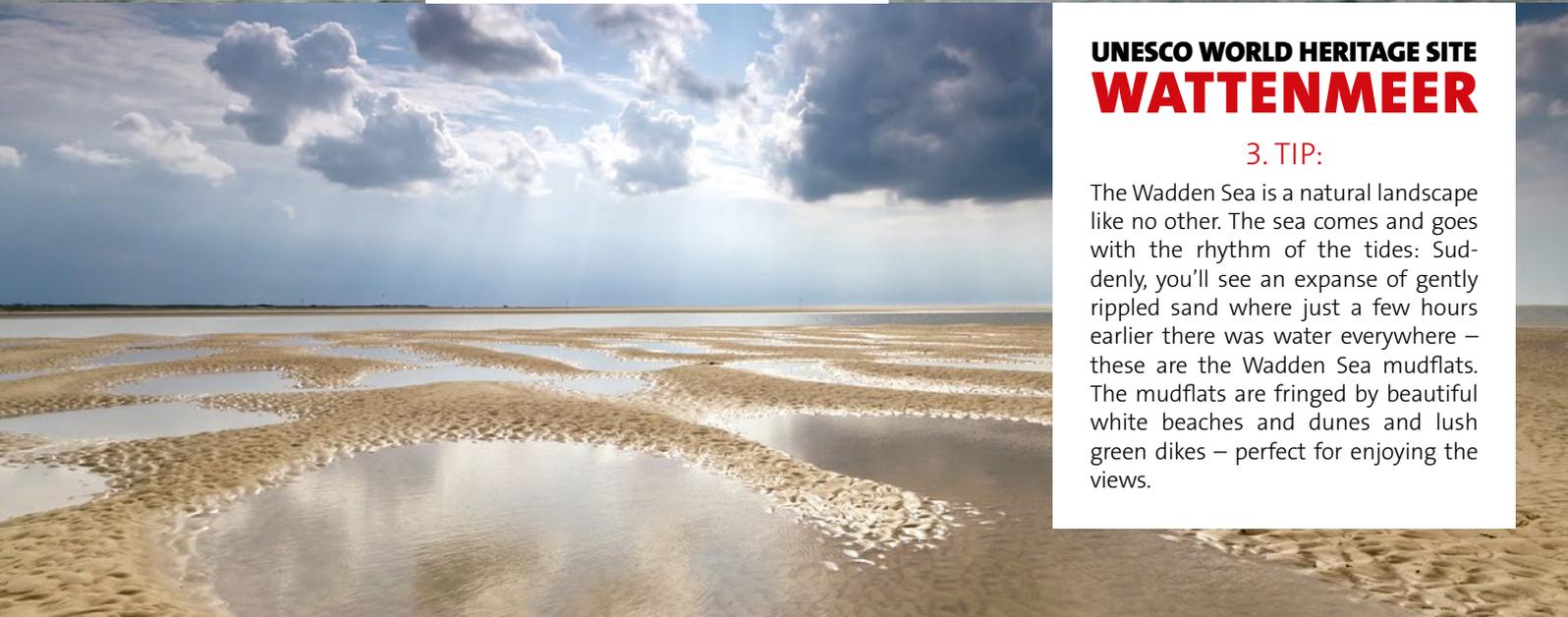


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