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BERLIN RYE

Berlin Rye is a surprisingly simple bread for a city whose history, culture and customs are so complex. This time honored bread made from a mix of flours is moist, rustic and aromatic – and has the most delicious crust. Berliners, unlike people elsewhere in Germany, will happily eat their bread at any time of day and with almost any kind of topping.

INGREDIENTS FOR TWO LOAFS

- 30 oz (850 g) rye flour (type 1150)
- 3.5 oz (100 g) wheat flour (type 550)
- 5 ¼ oz (150 g) sourdough starter
- 1 tbsp sugar
- 4 tsp (20 g) salt
- 1 cube yeast
- 24 fl oz (700 ml) tepid water

METHOD:

1.

This bread is really easy to make: Knead all the ingredients together into a smooth dough. Then cover and leave to rest in a warm spot for 20 minutes.

2.

Split the dough into two equal sized pieces and coat liberally in rye flour.

3.

Place the loaves on a baking sheet lined with parchment paper, cover again and leave to rise in a warm spot for around 40 minutes.

4.

Preheat the oven to 465 °F (240 °C). Bake the loaves for 10 minutes on the bottom rack and then turn the temperature down to 410 °F (210 °C) and bake for a further 40 minutes. After taking them out of the oven, leave to cool on a rack.

BRANDENBURG GATE

1. TIP:

Berlin's most iconic landmark is the Brandenburg Gate. Built for the Prussian King Friedrich Wilhelm II in 1788, it still stands in the heart of the city and is the only one of Berlin's 18 city-gates that has survived to this day. Brandenburg Gate is inextricably linked with the turbulent history of the German capital and is now regarded as a symbol of German unity.



BERLIN MUSEUM ISLAND

2. TIP:

An island of art and culture – Berlin Museum Island is a world-renowned museum quarter and a UNESCO World Heritage Site. Five leading architects created the ensemble over a period of 100 years up to 1930. The collections of the five museums range from prehistory to antiquity right up to the art of the 19th century.



BERLIN WALL PARK

3. TIP:

The Berlin Wall Park is not just any green space. It's where the border between East and West Germany once divided the city. Today, the park is a popular meeting place and features lots of tucked-away spots to sit and relax as well as a trendy weekend flea market – perfect for hunting down treasures and trinkets. You can even do karaoke in the park's amphitheater!



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