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## UCKERMARK APPLE BREAD



Uckermark apple bread comes from the north-east of Germany. This sweet bread made with apples, raisins, and nuts tastes best with a generous spread of butter. It's eaten either at breakfast or as an accompaniment to a cup of afternoon coffee.

### INGREDIENTS

- 1 ½ lb (750 g) apple
- 7 oz (200 g) sugar
- 17 ½ oz (500 g) flour
- 1 ½ pack baking powder
- 9 oz (250 g) sultanas
- 7 oz (200 g) whole hazelnuts
- 2 tbsp rum
- 1 tbsp cocoa powder
- 1 tsp ground cinnamon
- ¼ tsp ground cloves

### METHOD:

1.

Start by peeling and coring the fresh apples and then cut them into very small pieces. Mix them together with the sugar, cover, and leave to sit for around 5 hours.

2.

Preheat the oven to 375 °F (190 °C).

3.

Mix all the ingredients together into a dough and put into a large greased loaf tin.

4.

Bake the bread on the middle rack at 375 °F (190 °C) for around 1 hour.



# DUTCH QUARTER POTSDAM

## 1. TIP:

On a visit to the Dutch quarter in Potsdam, you could be forgiven for thinking you were in the Netherlands. Its gabled red brick houses look just like the ones you would expect to find in Germany's neighbor to the west. That's because the area was the work of a Dutch master builder, who started building here in 1733. Today, this charming quarter in the heart of Potsdam is ideal for browsing boutique-stores and relaxing in cafés, bars and restaurants.



# SANSSOUCI PALACE

## 2. TIP:

The origins of Sanssouci Palace lie in a series of ink-flecked sketches by Frederick the Great, the most famous of all the Prussian kings. At least, that's how the legend goes. There is no doubt, however, that this rococo summer residence built in the 18th century is a breathtaking sight. The name Sanssouci means "without a care" – which is exactly how this magnificent palace and its extensive park will make you feel.



# PRISTINE NATURE IN THE UCKERMARK

## 3. TIP:

The Uckermark region of northeast Germany is one of the most sparsely populated parts of the country – which also means it's a haven of natural beauty. The forests, lakes, and hills here are ideal for leaving the loud, hectic world behind you. This peace and quiet and seclusion hold particular appeal for artists and creative types. In fact, the region is home to numerous art studios, artisan producers, and even award-winning carbon-neutral farmstays.



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