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## POMERANIAN QUARK BREAD



Pomeranian quark bread is particularly popular in northeast Germany. The quark gives this soft wheat bread a deliciously sweet but still savory note. The bread is great with butter and jam for breakfast or as a light bite between meals.

### INGREDIENTS

- 35 oz (1 kg) spelt flour (type 630)
- 1 tbsp runny honey
- 18 fl oz (530 ml) lukewarm milk
- 2 packets dried yeast
- 7 oz (200 g) quark
- 3 ½ tbsp. (50 g) soft butter
- 2 tsp salt
- A little cold milk for brushing

### METHOD:

1. Dissolve the honey in the lukewarm milk. Sift the flour into a bowl and mix in the salt and dried yeast. Then add the milk and knead the dough thoroughly.
2. Mix the quark with the soft butter and add to the dough. Knead together well and leave to rest for around 30 minutes.
3. Knead the dough a final time and place in a loaf tin. Leave to rest for 20 minutes.
4. Preheat the oven to 350 °F (180 °C). Reduce to 320 °F (160 °C) when you put the bread in and bake for around 45 minutes.

**Tip:** Brushing milk on the bread when you take it out of the oven will give it a lovely shiny crust.



# HANSEATIC CITY OF ROSTOCK

## 1. TIP:

The city of Rostock was founded more than 800 years ago, and today is surprisingly diverse. Alongside its medieval churches and abbeys, Gothic gabled houses, and historical town hall, a modern and urban culture has flourished. The city is also conveniently located near to the relaxed and friendly Baltic resort of Warnemünde.



# SCHWERIN CASTLE

## 2. TIP:

It took 1,000 years to complete Schwerin Castle, but the wait was worth it. This romantic building, surrounded by water and set in the heart of a park, is one of the most splendid castles in northern Germany. With its many little towers and elaborate stonework, it looks like it could be straight out of a fairy tale.



# RÜGEN ISLAND IN THE BALTIC SEA

## 3. TIP:

Rügen Island in the Baltic Sea boasts miles of glorious beaches, brilliant white coastal cliffs, and ancient beech forests that will delight any nature lover. Germany's largest island is also home to numerous seaside resorts, quaint fishing villages, and grand stately homes. A particularly enjoyable way to explore the island is on one of the well-maintained walking and cycling trails.



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