



Ingredients

For 4 people

- 4 bags of fruit tea
- 500 ml apple juice
- Juice from 2 oranges
- 2 cinnamon sticks
- 2 star anise
- 3 cloves
- 1 vanilla bean
- 1 Tbs honey

Method

Boil the tea according to instructions. Squeeze the oranges. Scrape out the pulp of a vanilla pod with a knife.

Add the apple juice, freshly squeezed orange juice and all other ingredients except the honey to the pot and bring to a boil briefly. Then let it infuse for about 30 minutes on the stove on light-medium heat. Do not boil the children's punch to a bubbling point.

Taste and, if necessary, add the honey to sweeten. Divide the children's punch into 4 cups through a sieve.

Tip:

The punch will last for about 4 weeks if poured into sterilized bottles while still hot.

Bon appétit!